



# WHAT IS THE EQ ASSESSMENT?



*EQ is an assessment tool created by TTI SI that goes over the five factors of emotional intelligence. Understanding these factors helps facilitate higher levels of collaboration and productivity.*

## What is Emotional Intelligence?

Emotional intelligence is the ability to sense, understand and effectively apply the power of acumen of emotions. EQ stands for Emotional Quotient.

## What Does the EQ Assessment Measure?

The EQ assessment measures five factors.

### Self Awareness

The ability to recognize and understand your moods, emotions and drives.

### Self Regulation

The ability to control or redirect disruptive

impulses and moods and the propensity to suspend judgement and think before acting.

### Social Awareness

The ability to understand the emotional makeup of other people and how your words and actions affect others.

### Social Regulation

The ability to influence the emotional clarity of others through a proficiency in managing relationships and building networks.

### Motivation

A passion to work for reasons that go beyond the external drive for knowledge, utility, surroundings, others, power or methodology and is based on internal drive or propensity to pursue goals with energy and persistence.

### PROVIDED BY:



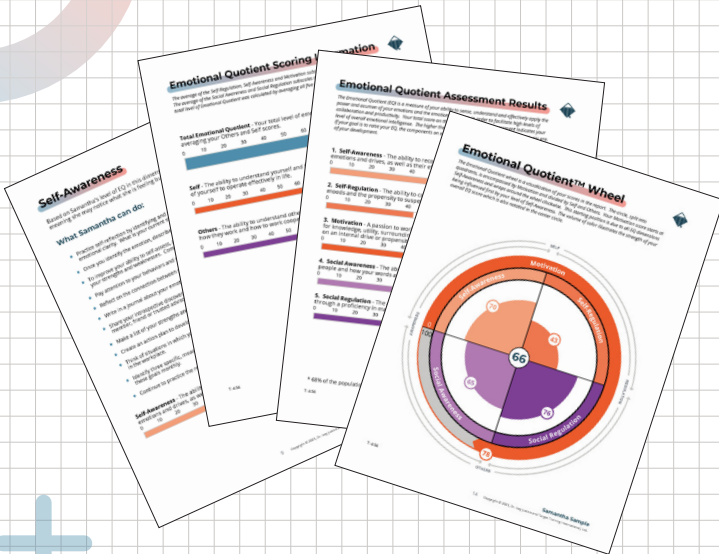
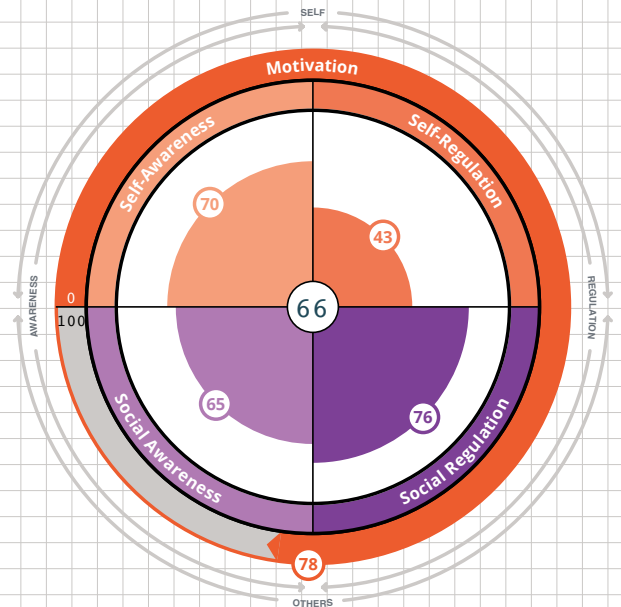
[www.WeAreComvia.com](http://www.WeAreComvia.com)





# How Can You Use the EQ Assessment in the Workplace?

- Create a better hiring process
- Leverage for personal and professional development
- Establish executive coaching and leadership development
- Improve communication
- Reduce conflict and friction on teams



## What Does the EQ Assessment Do For Individuals?

The EQ Talent Report measures a person's emotional intelligence and their impact, especially in high-pressure situations.

It includes emotional characteristics, scoring information, detailed breakdowns of each of the five specific internal and external areas, an Emotional Quotient Wheel™ and more.

## Why is TTI SI a Leading DISC provider?

### Industry-Leading Reports

Modern report designs, insightful statements, and constant improvement on TTI SI offerings ensures that you and your clients are getting the latest and best tools to succeed.

### Innovative Research

Our in-house research team is constantly working on industry recognized research, peer-reviewed

studies, and scientifically validated assessment improvements, as well as conducting research in our in-house brain lab.

### Comprehensive Tools for Success

TTI SI offers an innovative Internet Delivery System (IDS), our custom LEARN platform for certification and continuous learning and Knowledge Base, our constantly updating educational resource.